

KAMALA NEHRU COLLEGE

(University of Delhi)

NAAC Accredited with 'A' Grade

August Kranti Marg, New Delhi – 110049

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Estd. 1964

कमला नेहरू कॉलेज

(दिल्ली विश्वविद्यालय) रा. मू. ए. प्र. प.

द्वारा 'ए' श्रेणी प्रत्यादयत अगस्त क्रांति मार्ग,

नई दिल्ली – 110049

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Supporting Documents for Criteria 7.1.1

Measures initiated by the Institution for the promotion of gender equity June 2021 to June 2022



Kamala Nehru College

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Index:

- Annual Reports of Women's Development Cell
- Internal Complaint Committee (ICC)
- Dr K K Gorowara Annual Memorial Public Lectures –

2021: The 17th Dr. Gorowara Annual Memorial Lecture was held on Zoom Platform on 15th April 2021. Dr V. S Priya, The First Transgender Doctor from Kerala addressed the audience on the topic 'Declassifying my Life: Journey from Jinu to Priya.' Dr Priya explained binaries of gender and importance of developing policies

- Research, Innovation and Sustainable Education Cell
For promotion of research on new gender related themes amongst students
- Annual Gender Sensitization Action Plan undertaken by the college with a collaborative approach of Women's Development Cell (WDC), Internal Complaints Committee (ICC) and Internal Quality Assurance Cell (IQAC)
- National Cadet Corps (NCC)
Report of 2021
Report of 2022
- National Service Scheme (NSS)
Report of 2021
Report of 2022



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- List of web links (next page)
- Geo-tagged photographs and posters



Kamala Nehru College
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Sl No :	LIST OF WEB LINKS
1.	WOMEN'S DEVELOPMENT CELL https://www.knc.edu.in/document/societies%20reports/WDC-Annual-report.pdf
2.	PROCTORAL BOARD https://www.knc.edu.in/document/PROCTORIAL-TEAM.pdf https://www.knc.edu.in/document/Proctorial%20Board%20Members.pdf https://www.knc.edu.in/document/UPDATED%20LIST%20OF%20PROCTORIAL%20TEAM_2020-2022.pdf
3.	NSS https://www.knc.edu.in/document/societies%20reports/NSS-2021.pdf https://www.knc.edu.in/nss.php
4.	NCC https://www.knc.edu.in/document/ncc/NCC-2021.pdf
5.	STUDENT'S UNION https://www.knc.edu.in/studentunion.php
5.	ICC https://www.knc.edu.in/icc1.php Counselling on Campus https://www.knc.edu.in/e-counselling.php
	 Kamala Nehru College Estd. 1964



Annual Gender Sensitization Action Plan undertaken by the College with a collaborative approach of Women's Development Cell (WDC), Internal Complaints Committee (ICC) and Internal Quality Assurance Cell (IQAC)

2016-2017:

- (i) To create awareness around legal rights of women including law against sexual harassment, amongst students.
- (ii) To generate discussions around sexist/ patriarchal jokes, memes, and forwards on social media where students are able to critically engage with the inherent sexism in language.
- (iii) To expose students to the gender narratives on stereotypes in popular culture through screening of movies and documentaries.

2017-2018:

- (i) To motivate students becoming part of community outreach programs to help the socially disadvantaged and underprivileged groups through donation drives, Joy of Giving initiative and clothes donations.
- (ii) To create awareness around cyber-crime and online harassment through group discussions and expert sessions on cyber laws and online safety.
- (iii) To continue creating a safe space for deliberation on ideas and gender based concerns by students.
- (iv) To organize a session on gender sensitization amongst the non-teaching staff members of college.

2018-2019:

- (i) To create awareness around the idea of public safety and redressal mechanisms against sexual harassment in public spaces faced by students.
- (ii) To hold discussions and expert sessions around difference forms of violence against women and its connection in the context of broader discourse on patriarchy, sexuality, power and rights.
- (iii) To motivate students towards economic empowerment by organizing sessions on Entrepreneurship, Placement, and Skill Development
- (iv) To inform and sensitize students towards women's health issues and focused awareness around specific health concerns like Pre-menstrual syndrome, Poly Cystic Ovarian Syndrome, Menstrual health and wellness by doctors.



2019:2020:

- (i) To introduce the NGO sector specially NGOs working on gender based issues where students can do internships or explore further research of their interest.
- (ii) To continue creating awareness and holding expert sessions around various dimensions of health like mental health awareness, nutrition, and overall wellbeing.
- (iii) To acquaint students with new debates legal reforms and new legislations through interactive workshops and expert sessions.
- (iv) To remain accessible and provide moral support to students during the lockdown period due to Covid-19 through online activities, campaigns, and free discussions.

2020-2021: (Online Mode)

- (i) To continue to engage students in numerous online creative activities and open house discussions.
- (ii) To reach out to the teaching faculty of college and organize sessions on mental health issues, idea of leisure, challenges of working from home etc.
- (iii) To continue awareness programs in an online mode on women's health in early stages like breast cancer awareness, sexually transmitted diseases, and contraception.
- (iv) To initiate discussions around LGBTQI community and their issues on campus.
- (v) To engage students on peer pressure in current times specially during the lockdown and Covid period.

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ANNUAL REPORTS

WOMEN'S DEVELOPMENT CELL (WDC) 2021

Report of 2021: WDC has organised a series of event in the beginning of 2021 like Event 1 WDC×Prathisandhi 1; Date: January 27, 2021 Consent and Communication, 2. Date: February 3, 2021, Voice Against body shaming, 3. Date: February 10, 2021, Understanding Sexuality and LGBTQIA+, 4. Date: February 17, 2021, Developing Healthy Boundaries: Learning to say NO WDC in collaboration with Prathisandhi, a youth-led non-profit organization based in New Delhi, registered under Section 8 of the Companies Act working towards sexual health and education among adolescents and the youth community in India, organized four workshops that aimed at different pressing issues. Through these workshops, the students were made aware of the issues like consent, body shaming, sexuality, LGBTQIA+, and boundaries by interactive presentations and activities.

Sanskriti Baxi, who has a major in Economics from the University of Delhi and is also the Head of Training and Research and Development, conducted the workshops. EVENT 2 Date: February 12, 2021 Panel Discussion on Women of Today, Leaders of tomorrow Women's development cell, Kamala Nehru College organized a panel discussion on the theme "Women of Today, Leaders of Tomorrow". The discussion was held as a tribute to Sarojini Naidu on the occasion of National Women's Day, 12th February 2021. Speakers for the discussion have been chosen from all walks of life:- Pragya vats: a leading social activist/ professional Dr. Rityusha Tiwary: academician Priyanka Saxena: media entrepreneur Dr. Apurva Gupta: gynecologist Kunjan valia: homemaker The discussion was wrapped around feminist ideologies. It revealed day-to-day challenges to major turns women have to take in order to supplement the norms of their respective families and society. From something as basic as choosing an outfit to something as major as changing one's career is not in their own hands. The discussion unveiled the personal experiences of the panellists, both pleasant and vexatious. The experiences were such that most of the audience could relate to it. Followed by the discussion was a short film "Devi" a tale of sisterhood, truth, and suffering. A frightening story that left many with tears in their eyes but definitely with a strong message. A short narration of a poem by our WDC member ensured a perfect ending of the event.

EVENT 3 DATE: April 7, 2021 WDC in collaboration with Breakthrough in partnership with L'oreal Paris Workshop on stand up against street sexual harassment WDC in collaboration with Breakthrough Trust, an organization with a mission is to make violence and discrimination against women and girls unacceptable by building a generation of gender-sensitive adolescents and young adults, in partnership with L'Oréal Paris organized a bystander intervention program- Stand-Up Against Street Sexual Harassment. In this program one-hour training everyone was encouraged to effectively respond when they witness or experience street harassment. The workshop talked about what can harassment look like — from microaggressions to violence — and how Hollaback's 5D's of bystander intervention can help: distract, delegate, document, delay, and direct. Also, prioritizing one's own safety while intervening and how to respond if one gets harassed was talked about. The workshop was attended by 68 participants who were awarded with certificates.

EVENT 4: E-TALK ON BREAST CANCER Date- 8 th October 2021; Webinar in collaboration with Canfem; Dr. Mansi Chowhan The webinar was conducted on 8th October 2021 and it was based on the ‘breast cancer awareness’, in collaboration with canfem which is a social enterprise enabling cancer warriors to get back to society and have the best quality of life with and after cancer. For the event, Dr. Mansi Chowhan who is an expert surgical oncologist was the guest speaker. The event commenced with dr Mansi Chowhan elucidating the audience about the root causes of breast cancer, various environmental and genetic factors leading to breast cancer, how can we conduct self-examination on our breasts, and what are the ways we can prevent it. Up next was the question-and-answer session where the audience asked a set of interesting questions which were answered to their satisfaction. During the question and answer round the doctor also busted a few myths about breast cancer, that everyone believes in and were unaware of. It was a really informative and insightful session that imparted basic knowledge about breast cancer and the importance of early detection and self-examination of our breasts, as it was reiterated in the session as well, “early detection saves lives”

EVENT 5: INTERNATIONAL GIRL CHILD DAY Date: 11th October 2021; Kirthi Jayakumar On 11th October 2021, WDC organized a webinar on international girl child day, which we dedicated to Kamla Bhasin. The guest speaker of the event was MS. Kirthi Jayakumar, who is a gender equality and peace activist, artist, entrepreneur, and writer from Chennai, India. The event commenced with the convenors displaying a presentation about what is international girl child day, why is it celebrated, the achievements of some of the women leaders who inspire us from all walks of life, a brief about who was Kamla Bhasin and her achievements, and at the end, there was a recitation of one of the poems of Kamla Bhasin. Then Ms. Kirthi Jayakumar made the participants conduct a small activity, wherein she told us to draw a circle, a semi-circle, a triangle, and two small circles and we had to draw that on the piece of paper, either vertically, horizontally, or in any manner in which we can imagine. The ultimate purpose was to draw a smiling face, but different participants drew the shapes in different manners. The purpose of this activity was to show, how different people have different perceptions about the world even though the same set of rules, regulations are presented to everyone. She then acquainted the participants with the learnings she acquired from Kamla Bhasin, her personal experiences, and explained how violence is not only direct but structural as well as cultural. The webinar ended with a question-and-answer round, where students asked her their questions on gender equality and the steps, we should undertake to reach the goal.

EVENT 6: METHODS OF CONTRACEPTION Date: 10th November 2021; in collaboration with Pratisandhi; Sanskriti Baxi On 10th November 2021, a webinar was organized in collaboration with Pratisandhi, on the topic ‘methods of contraception with Ms. Sanskriti Baxi and Khushboo Nagpal as the guest speakers. The attendees were educated on different methods of contraception, different methods used for different genders, internal and external contraceptives and side effects of it (if there is any), and the rights and wrongs of using contraception. They talked in great detail about the action of Abstinence and how it is different from celibacy. Abstinence essentially entails refraining from engaging in intercourse. Basically, embracing the philosophy of if you don’t want to get pregnant, don’t engage in intimacy. This is a topic that is not really talked about in our society because of various taboos and stigmas associated with it, but this session was extremely helpful in

understanding and developing cognizance about safe sex. We are thrilled with how insightful it turned to be!

EVENT 7: SEXUALLY TRANSMITTED INFECTION Date: 17th November 2021; in collaboration with Pratisandi; Sanskriti Baxi On 17th November 2021, a discussion was held with Ms. Sanskriti Baxi on the topic of Sexually transmitted Infection and disease. The event began with the speaker explaining what does STD means and then presenting a short video that briefly explained, how STDs can be transmitted from one person to another, what are its symptoms, and different ways by which you can cure it. The session mainly revolved around the topic of different types of STDs and their treatment. In the end, the students asked quite interesting questions

EVENT 8: ORIENTATION PROGRAM Date: 24th November 2021 In the afternoon of 24th November 2021, WDC conducted its orientation program for the freshers. The program commenced with the core team members conducting an ice breaker program, with a few games, for instance, guess the series and guess the song to begin our journey with light and funhearted mood. Furthermore, we acquainted the freshers with the vision of the cell. Towards the end of the session, there was a detailed discussion with our convenor Dr. Nupur Ray about the past events, activities, and programs of the cell along with the presentation of a short video, that reminded us, that 'we are enough'.

EVENT 9: PEER PRESSURE AMONG YOUTH Date: 27th November 2021; in collaboration with Coitopedia; Sonali Gupta and Shreya Amod The speakers started the webinar by making us realize how much we do things under pressure and not because of our own will. For example- in the Squid game- people watched the series just to keep up with the trend and discussion happening in the friends' groups. Peer pressure can be negative or positive. Under negative peer pressure, we make decisions we wouldn't have on our own. For example - people compromise on studies to please their friends or indulge in alcohol, sex, other bad behaviors, etc just to look 'cool' & feel accepted by their peers. However, positive peer pressure also exists! Sometimes, our peers influence us to change our behavior for the better. For example: - A friend who is academic-oriented, being in her company will somehow influence her friends to also study. They ended by saying that peer pressure can be negative or positive, it depends on the company a person surrounds herself with.

SOCIAL MEDIA CAMPAIGNS

- 1) Date: 6th February, Awareness campaign on Female Genital Mutilation - The following topics were broadly discussed - What is FGM, the various socio- cultural reasons for FGM in India, legal action against FGM
- 2) Date: 23rd February - 27th February WDC celebrated Black History Month by giving tribute to female activists - Harriet Tubman, Rosa Park, Myrlie Louise Evers, Dr. June Jackson Christmas, Leah Chase, Fannie Lou Hamer, Marsha P Johnson
- 3) 7th March- 10th March In order to challenge the social norms on International Women's Day, WDCCKNC focused on changing the narrative and talked about inclusivity. The focus was on steps that would lead to the fruition of feminist goals. The cell members were asked to share their story and just one thing that any person can do to achieve the goals we have set for ourselves through a video.
- 4) **MENSTRUAL HYGIENE DAY** The cell members performed the Red Dot Challenge, a social media campaign initiated by Post for Change, a non-profit organization in partnership with UNICEF India aims to spread the message of menstrual hygiene
- 5) Through our Social Media page we shared awareness on Gender Based Stereotype in Bollywood Movies , Education Day , Sexually Transmitted Infection , Elimination of Violence Against Women , Women in Sports , Cyber Bullying, Marital Rape.

WOMEN'S DEVELOPMENT CELL 2022

The Women's Development Cell of Kamala Nehru College collaborated with Lakshya The Theatre society of Kamala Nehru college on the occasion of International Women's day. They enacted a play titled Devi complex which was based on women empowerment. The play focused on awareness about menstrual hygiene, sexual harassment in public transport and the usual reaction of the authorities towards it, pay gap and general differences in work environment for men and women and women realizing their potential at a later stage in their life.

The Women's Development Cell of Kamala Nehru College collaborated with The Third Eye for the movie screening of "City Girls" to commemorate International Women's day. Third eye is a new project by Nirantar, center for gender and education. It is a feminist think tank working on the intersections of gender, sexuality, technology and education.

We also launched our first annual magazine, 'Virangana' on women's day. The title suggests it all; Virangana, वीर नारी (the brave or courageous lady). The theme of the magazine is 'Unveiling the endemic gender stereotypes.

City girls is a documentary film produced by Third eye in association with Chambal Media. It is an intimate portrayal of two young girls Umra and Kulsum from small towns of India now living in Delhi. It attempts to deconstruct the image of 'the city' and what it means for a young woman brought up in an 'elsewhere' she's longed to escape from all her life. The film has been screened at the Urban lens film festival IIHS, International Film festival of Kerala and Breaking borders: A south Asian Feminist film festival by Kriti Film Club.

NAAC

Date- September 13, 2022

The very first event of this session was the NAAC visit. Our college was visited by the NAAC team on September 13, 2022. Prior to the NAAC visit, various posters of feminist activists and Indian sports women were put up on the walls of the WDC/ Counsellor room. The presentation was prepared by the team members in which the aim and objective of WDC was explained. The presentation also consisted of the various events and campaigns conducted by WDC. On the day of the NAAC visit, the NAAC team was welcomed by the convenors following which the inspection took place. The NAAC team posed certain questions about the functioning of the cell to the convenors. At last, they went through the presentation briefly and appreciated the same.

Movie Screening

Date- 27 October 2022

This programme was held in the New Seminar Room of our college on 27 October 2022. The objective of the movie screening pivoted around the elimination of the stigma attached to menstruation and it aimed at raising more awareness for the same among the students. The movie screened was "Period. End of

Sentence.” It focuses on the lives of a group of women in rural Harpur and their transition from crippling shame about their menstrual cycle to initiating a microeconomy. For the event, the events and operations team of the Women Development Cell made all the required arrangements for the movie screening. The event commenced with a short activity for the participants to have an engaging start. The participants were told to write some menstrual taboos they face the most and how they try to eliminate it. After the activity, the movie was screened and its duration was about 40 minutes. After the screening, the event was wrapped up by a short discussion with the participants on their experience regarding various menstrual taboos in their homes. The participants engaged with enthusiasm and even discussed their respective takeaways from the event. The event ended with the cell convenor thanking the audience for their presence.

Orientation

Date- 19 November 2022

The orientation for welcoming the freshers was held on 19th November 2022. The orientation commenced with a short introduction about what the cell is all about. It was followed by showing the presentation to the freshers regarding the functioning of the cell and the various events that the cell had conducted in the past years. After the presentation, the teacher-convenor of the cell addressed the students, telling them the significance of the cell in the college. She motivated the students to join the cell and work towards achieving the aim of WDC. Then, the heads of the respective departments of the cell introduced themselves and briefed the freshers about the objective of their department. The orientation was wrapped up by a Q&A session. Hence, the session provided the freshers with an opportunity to explore the aim and the objective of WDC.

Gendered Marketing

Date- 30 November 2022

A session on the topic ‘Gendered Marketing’ was conducted by the cell on 30th November 2022. For the event, Prerna Goel was invited as the speaker for the session. She is the Founder and Chief Marketing Officer of WhizCo, a young and spirited individual with an entrepreneurial mindset. The speaker was welcomed by the team and the session commenced with the speaker sharing her views on the existing gender-biased marketing. She stated various references, such as advertisement and television commercials that intensify the adverse effects of gendered marketing on women and the LGBTQ community. She gave an insight into how her company aims at dealing with such advertisements and also talked about the transition that is gradually emerging in the world of marketing. The event was wrapped up by a Q&A session for the participants to interact and get an in-depth understanding of the topic. The session was a great success as there was a lot to learn, explore, discover and unlearn from this particular event.

Feminism and Pop Culture

Date- 29 December 2022

This particular event of the session was the most interactive and fun session of all. An online session was conducted by the cell for its members to have an insightful discussion on the topic “Feminism and Pop culture”. This being one of the most relevant topics, however, greatly engaged the students and they were

indeed very eager to present their views on the same. The session commenced with a short introduction on what pop culture is and then it was led by a full-fledged discussion on how pop culture and sexism are interrelated. Various aspects, such as sexism in Indian television serials, music, advertisement, comedy and dance, were discussed. A major part of the session was dedicated to how Bollywood promotes sexism in one or the other way and how it has been influencing the audience. The session came to an end with a discussion on how a change can be brought about within the society and how these socially constructed things can be averted.

Celebrating 31st Foundation day of National Commission of Women

Date- 31st January 2023

The volunteers of WDC were invited to the 31st Foundation Day of National Commission of women at Vigyan Bhawan, which was addressed by the honorable President of India Droupadi Murmu, the Union Minister of women and child development Smriti Zubin Irani and Minister of state for women and child development Mahendra Munjapara on 31st January 2023.

The theme of the event was 'sashakt naari, sashakt Bharat', which was aimed at acknowledging and celebrating the stories of women who have excelled and paved their journey to leave a mark.

Cyber Safety Awareness Campaign

7th February 2023

The members of WDC were obliged to be invited to 'Cyber Safety Awareness Campaign' organized by Delhi Police, Meta India and Josh Talks on 7th February 2023 at Adarsh Auditorium, Police headquarter. Deputy Commissioner of Police (PRO) Suman Nalwa said their objective is to prevent cyber crimes, to make people aware of different ways of committing cyber crimes, and how they can prevent themselves and their near ones who might fall prey to such acts.

Social Media-

Azadi Ka Amrit Mahotsav

20th January 2022

The Women's Development Cell of Kamala Nehru College celebrated Azaadi ka Amrit Mahotsav by organizing an Article/ Blog/ Poster/ Poetry Writing Competition on the topic "Towards Feminist Futures" on January 20, 2022.

Besides all the events that were held throughout the session for the enhancement of the cell, social media was one of the most significant aspects that was focused on with sheer dedication and diligence. The reach of our Instagram page was widened immensely and the engagement was increased by enhancing the content. The posts and the content work of the social media page were enriched tremendously by following consistency as the key. Regular posts on gender based issues such as body shaming, girls college, cybersecurity etc. were made. The important days of the month such as National Education Day, National Cancer Awareness Day etc. were also taken into consideration and were posted about. Therefore, our engagement on social media was a big win for us as the team could reach out to a larger audience and spread its aim of gender equality.

Sanitary Napkin Donation Drive-Date- 30 June 2023

The volunteers of WDC along with the core team organised a sanitary napkin donation drive to the slum areas JLN and CGO cluster area that were nearby the college itself. Around 80-90 boxes of pads were distributed to the women there and the members even interacted with the them in order to know more of their experiences. Therefore, getting an insight about their lives sort of encouraged the students to conduct more of such drives and the entire experience of the drive was seen to be quite insightful for each one of us. Knowing about their lives and learning so much from their stories was what made it a complete wholesome experience.

NATIONAL SERVICE SCHEME

REPORTS FOR THE NSS SESSION OF 2021 -2022

-NSS KNC volunteers along with Sacchi Saheli NGO took part in the Red Spot Campaign on 28th January 2021 to promote conversations around menstruation and encourage people to take part in conversations around female reproductive health to break the stigma and taboo around menstruation and periods in India.

-NSS KNC organised a 4-day event from 11th to 14th February on National Women's Day 2021. The event consisted of the following activities and the theme for them was "Being a Woman in India" -

- Poem Writing Event
- Posters/Art Making Event
- A video of all NSS KNC volunteers talking about their experience as a woman in India.
- A Webinar on "Female Reproductive and Sexual Health" with Prathisandhi Foundation on 14th February 2021. This webinar spoke about we need to know about female reproductive health, consensual sex, and the methods of contraception available to women in India.

-On 26th February 2021, Akshita Gupta from BCom Hons 3rd Year, a volunteer of NSS KNC organised a workshop called "Awareness, Acceptance and Adjustment – Growth for a better you." The hour-long session came as a much-needed break from the constant loop of toxic positivity and endless stream of work that we are tied up in these days. She addressed very relevant and relatable topics like how do we love ourselves, forgive and accept ourselves, know what we truly want and how do we move on from something that has really hurt or upset us.

-For the occasion of International Women's Day 2021, NSS KNC organised a series of events from 4th to 9th March 2021. These were -

- 4th to 6th March -
 - Paragraph writing event on the theme "Women in COVID"
- 7th March -
 - Thank you Notes to women who have inspired us and made us stronger.
- 8th March -
 - #ChoosetoChallenge pictures on Instagram, Snapchat, and WhatsApp. Choose to Challenge was the theme for International Women's Day worldwide.

- Promoting small and local business led by women in India
- Instagram live with Mahah Sadique from madebymahah
- 9th March -
 - Kahoot Quiz on Women's Trivia in honour of International Women's Day and Women's History Month.

-NSS KNC organized a fun live quiz for its volunteers, stepping on the theme of Mental Health of women. The quiz was conducted on the platform Kahoot. A total of 17 volunteers joined out of which three winners were announced according to their performance.

-On NSS DAY, 24th September 2021, KNC NSS organized a webinar in collaboration with Breakthrough India on a Stand-up Session. The session was made open to all volunteers and other KNC students. The special guest\speaker invited was Bisma Javed, a Gender-Sensitive Trainer who is active in spreading awareness on gender equality, gender sensitivity and women's rights. She is also an award recipient of the "Rising Woman Award 2021". It was a very interactive session that highlighted the issues of women rights and circled the 5 strategies on what to do if one experiences or witness's street harassment. The speaker laid stress on how helpful it would be for someone if we reached out a hand in need and led the audience through various ways on how to intervene in street harassment in a very calm manner. A total of 22 people participated in this webinar and made it a great success.

-On the International Day of Girl Child, NSS KNC organized an event where all volunteers were asked to write a paragraph of about 120-200 words on the methods and ideas, they would implement to decrease the gender digital divide prevailing in the world.

- On International Women's Day on 8th March,2022 NSS KNC organized two tasks to commemorate the day.

Task 1: All volunteers were requested to post a picture of them with crossed hands in support of the worldwide campaign using #breakthebias.

Task 2: Volunteers were asked to fill the bingo created for International Women's Day and post on any social media platform.

-8TH MAY,2022: MOTHER'S DAY On Mother's Day, NSS KNC volunteers were given the following tasks

A picture with their mother along with a note of love for their mother. Along with this, volunteers were requested to write 'mother' in their regional languages and these tasks were a way of expressing their love towards their mother and building a nexus. To show their love and compassion, volunteers were asked to help their mothers in daily household chores. We got exuberant responses on these tasks.

National Cadet Corps

NCC 2021

The National Cadet Corps (NCC) is a tri service organization, which is regulated under the ministry of defense. It acts as a body to provide the basic military training that inculcates the feeling of comradeship, courage, honesty and patriotism. Cadets do a lot of hard work and practice together which leads to unity and motivation among youth. NCC creates an environment to motivate you and where you see a glimpse of the life of a soldier. There are various activities that are done during the three-year training of NCC, it includes national camps as well. Year 2021, was full of new experiences and challenges through which cadets came out with flying laurels. Tracking back to 2021, Lieutenant Dr. Sonia got appointed as ANO of NCC in May 2021. Lieutenant Dr. Sonia completed her training from OTA Gwalior with flying

colors. She has been an amazing guidance for the cadets throughout the year. She guided cadets during many occasions and during their training as well. Her support has been a blessing to NCC. Army Day marks a day to salute the valiant soldiers who sacrificed their lives to protect the country and its citizens. While celebrations take place across the country, the main Army Day parade is conducted in Cariappa Parade ground in Delhi cantonment. Cadets from KNC also visited Cariappa ground Delhi cantonment where they witnessed an army parade and saw the significance of the army towards our country. Online Painting competition was organized in which cadets took active participation. Moving forward, NCC KNC in an effort to guide the young minds discovering & chasing their dreams and their potentialities organizes sessions with the field experts. One of the webinars under this effort was conducted on 17 June, 2021 via online zoom platform at 1100hrs with Colonel Karnail Singh, Deputy Commandant and Chief Instructor, NCC OTA Gwalior, where the talk was centered on the theme of making oneself equipped to join the Indian Armed forces with correct mind-set. The event started out with a video prepared by our cadets to fill the participants with josh. The webinar ended with the felicitation of the guest speaker by our respected Principal, Professor Dr. Kalpana Bhakuni, and a gratitude letter from our ANO, Lieutenant Dr. Sonia. National Cadet Corps, Kamala Nehru College celebrated the 75th Independence Day on 15th August 2021 with grandeur and enthusiasm. The chief guest for the event was our Principal, Prof. Kalpana Bhakuni, and the event was also attended by the college faculty. The college was grandly decorated. On independence NCC band "Yuyutsu" gave an amazing performance which was followed by the impressively coordinated parade. Later, our Principal, Professor Kalpana Bhakuni and Lieutenant (Dr.) Sonia (ANO) were requested to felicitate the newly elected rank panel for the session 2021-2022. Senior Under Officer: Tashika; Junior Under Officer: Deepshikha Golley, Princy Rathee, Priti Kumari and Vinitha. Moving forward many webinars were organized during special occasions which showed the hard work and creativity of cadets. KNC NCC with all harmonious spirit celebrated the International Yoga Day on 21st June 2021. Many energizing activities were performed during the seminar. The program started off with a sloka and a speech from our respected Principal, Prof. Kalpana Bhakuni, and our ANO, Lieutenant (Dr.) Sonia. Later on, cadets performed many mesmerizing activities such as poem narrating, yoga practice session, yoga dance and quiz competition. Even though the program was held online, the lively participation of the cadets won over the physical barriers due to the pandemic. KNC NCC celebrated the 22nd Anniversary of Kargil Vijay Diwas on 26th July, 2021 to pay homage to the sacrifice and valour of soldiers of the Indian Army. The chief guest and speaker for the event was Maj Gen (Dr.) Yash Mor, SM and the occasion was graced by the presence of our Prof. Kalpana Bhakuni. Maj. Gen. (Dr.) Yash mor is a third generation Army officer hailing from Haryana. He has been awarded the SENA MEDAL and ARMY CHIEF COMMENDATION CARD for gallantry during Counter Terrorist operations in South Kashmir. In the inspirational webinar, MAJ GEN (DR) MOR, shared his experience as a third generation Army officer, and also talked about his "second innings" after his retirement. He also emphasized on the importance of being fit, both physically and mentally, especially for women, who aspire to serve the nation. On 28th November 2021, KNC celebrated NCC day via zoom call. During this occasion our ANO, Lieutenant Dr. Sonia gave us an amazing message, where she told us the importance of NCC day and how we can contribute ourselves to be a good cadet. The webinar was concluded by singing NCC song.

NCC ,KNC 2022

During the session 2022-23, cadets of KNC NCC have achieved great successes and more is yet to come. Our cadets celebrated with great Zeal and enthusiasm International Yoga Day on 21 June 2022. We also celebrated Kargil Vijay Diwas on 26th June 2022, graced by former CO of 4DGBN Col Akhil Agarwal. The cadets participated in the Har Ghar Tiranga Campaign initiated by PM Narendra Modi to encourage citizens to hoist the national flag to celebrate independence day. To spread the message of unity and harmony, 15 cadets from Kamala Nehru College participated in RUN FOR UNITY organised by District Magistrate, South West Delhi. On NCC Day, KNC NCC alumnus Ms Simran Bharadwaj (UPSC 2021 AIR 172 and CDS AIR 7) was invited to grace the event. Various competitions like 3 legged race, Poster making and

Quiz Competitions were also organised. 13 Cadets from our college also attended the Inaugural Ceremony of International Conference on Infrastructure, Information and Innovation for Building a new Bharat held in Delhi University in December 2022. It was a great opportunity for the cadets as 2022 also marked the Centenary Celebrations of Delhi University. We have also had the pleasure to invite Col K.S Bisht, CO 4DGBN to celebrate Army Day with us who motivated the cadets and extended his support to us. To encourage the young girls, on the occasion of International Women'S Day, a poem recitation competition was also organised which saw enthusiastic participation.

Moving on to the various camps attended by our cadets in this session

SUO Deepanki Sirohi, JUO Aishwarya and Cdt Mukti attended the EBSB Camp 2022.
4 cadets attended the CM Rally at Chhatrasal Stadium, New Delhi.
Cdt Pooja Tanwar won gold medal for Map Reading in Thal Sainik Camp 2022.
CDT tamanna was a part of Antarsena Guard Team for National War Memorial 2022.
CDT Somaya Sharma attended the Advanced Leadership Camp 2022 in Agra.
CPL Siya Gulia and CDT Priyanjita Gogoi were a part of the prestigious Republic Day Camp 2023. 9 cadets for KNC were a part of PM RALLY 2023

Apart from this, CDT Pooja Tanwar was awarded the ADG appreciation for her performance in All India Thal Sainik Camp 2022. CDT Gauri Singh also received the ADG appreciation for Social Media Awareness. Further, Cdt Tanishka Raj was awarded the National Gaurav Award for her contribution in the creative and editing team of RDC '2023. I congratulate all the achievers for their hard work and dedication.

National Cadet Corps, Kamala Nehru College is focused and dedicated to provide an equal platform for all the young cadets and encourage them to realise their true potential and emerge as a confident and talented citizen. This year has been a great learning experience for all of us as a team.

In August 2021, the **Political Science** Department commenced an International Lecture series on the theme, Global Dialogues on Gender and Politics'. Three lectures titled, -The Role of Women in Public Life: Citizenship and Cultural Violencell, -Women's Agency under Constrained Conditions: Minority Groups and Educationll and -Gender- based Violence and Policy Framework: Stories from Scotlandll were organized under this rubric.

RESEARCH, INNOVATION AND SUSTAINABLE EDUCATION CELL

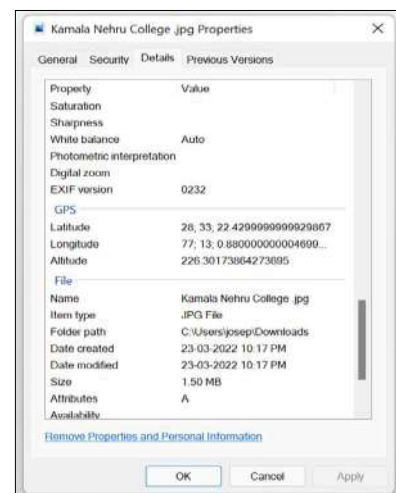
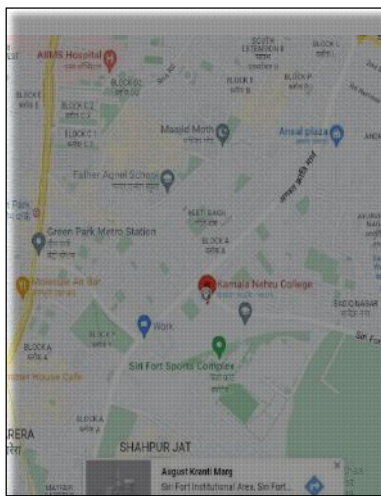
The Research, Innovation and Sustainable Education Cell was entrenched as an undergraduate research cell at Kamala Nehru College, University of Delhi on September 12, 2020. R.I.S.E. was launched to provide a rostrum to the undergraduate students for their pluralistic research ideas to flourish under the mentorship of teachers of a plethora of departments who are equally willing and zealous to extend their support and contribute to the learning. The idea behind the evolution of the R.I.S.E. Cell was to help students of Kamala Nehru College learn how to engage in research and to develop problem-solving, analytical thinking, resilience and time management skills under the mentorship of our highly motivated and skilled faculty members. The cell provides a common platform through which students across disciplines share and discuss their ideas and concepts. It is emerging as a nodal point to connect and integrate research-based findings with both classroom and beyond classroom teachings. R.I.S.E. is inclusive of official guidelines for dissemination and publication.

DR. K.K. GOROWARA MEMORIAL PUBLIC LECTURE

The 17th Dr. Gorowara Annual Memorial Lecture was held on Zoom Platform on 15th April 2021. Dr V. S Priya, The First Transgender Doctor from Kerala addressed the audience on the topic 'Declassifying my Life: Journey from Jinu to Priya.' Dr Priya explained binaries of gender and importance of developing policies

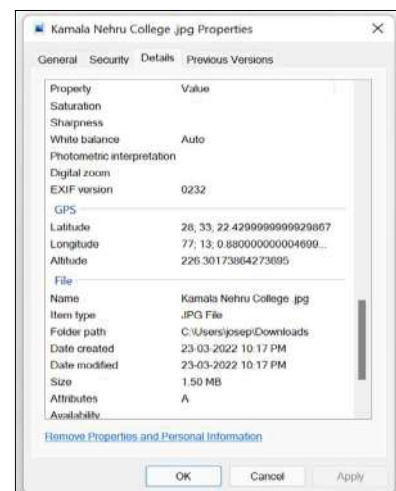
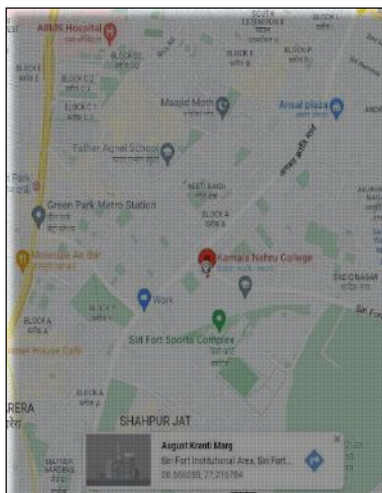


NCC volunteers celebrating 2nd Surgical Strike



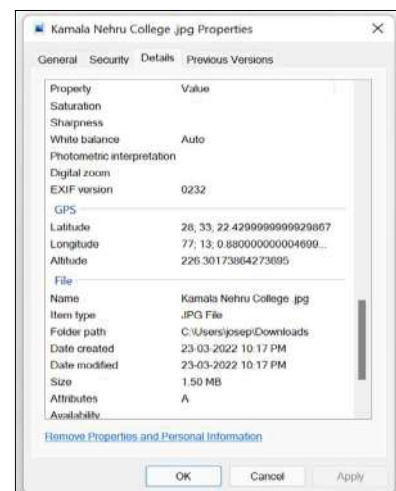
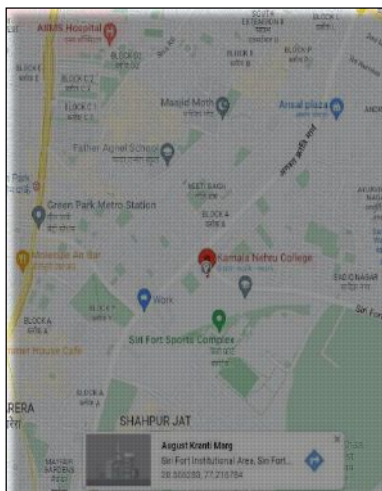


NCC volunteers celebrating Republic Day





KNC providing safe space for women

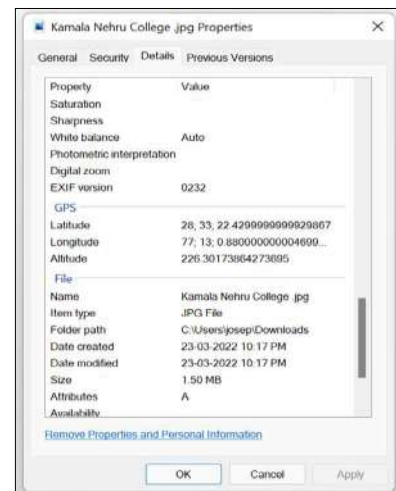
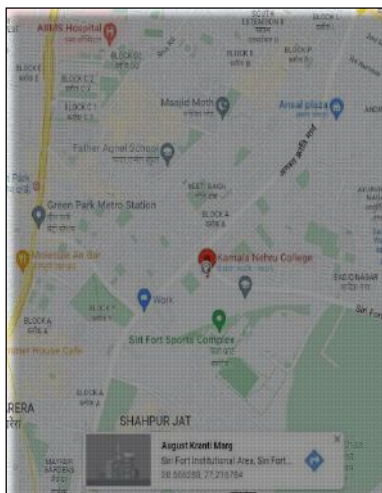




Estd.1964

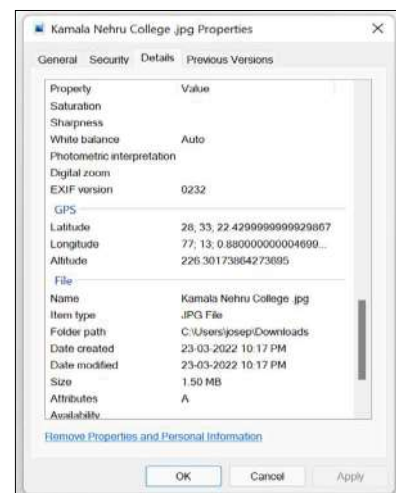
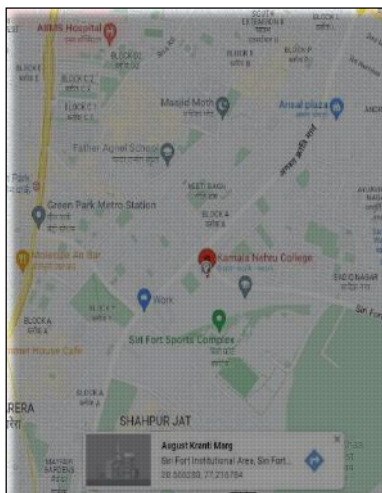


NCC volunteers celebrating Republic Day



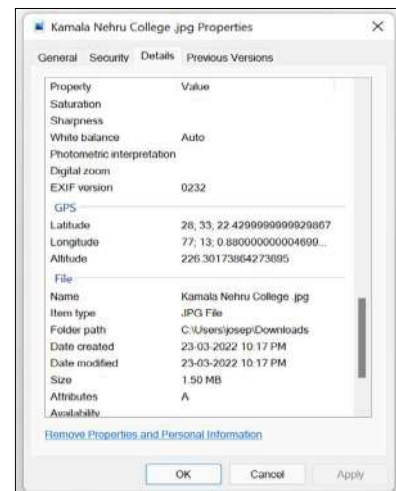
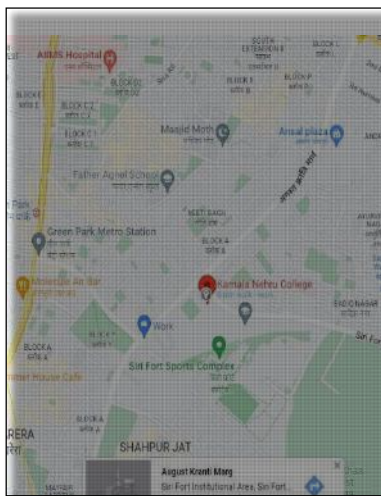


KNC students attending a program conducted by Centre for Social Research on 'Meri Shakti Meri Beti: My Strength My Daughter'



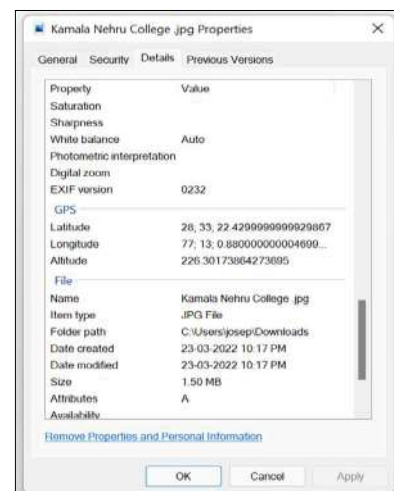
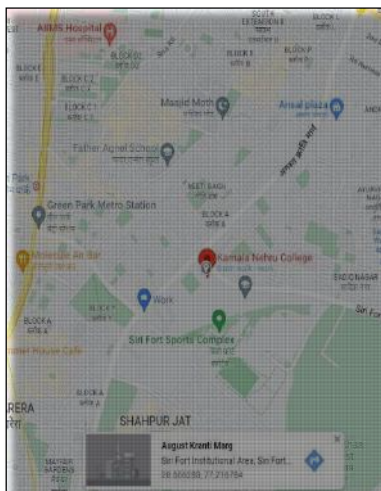


KNC organized a 'Young India Women Entrepreneurship Mission' for Promoting Innovation in NewGen Entrepreneurs in collaboration with NITI Ayog



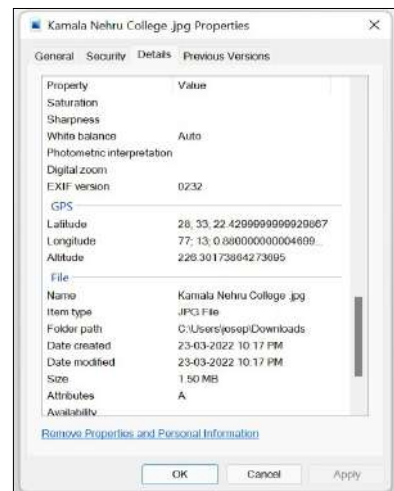


NCC volunteers celebrating Republic Day





NCC volunteers celebrating Republic Day





DEPARTMENT OF SOCIOLOGY
KAMALA NEHRU COLLEGE
presents



CYNOSURE'20

Performing Arts: Creativity and Culture

26th February

10:30am onwards

-Academic lecture by Dr. Urmimala Sarkar, SAA, JNU

-Performance and talk by Eshan Hilal

-Sarangi performance

- Singing and beatboxing by

Abdul Samad Khan and Parikshit Singh

- Bharatnatyam performance by Arsheya Mehrotra

Competitions:

Group dance

Slam poetry

Music (singing)

Online Photography

Media partners:



Knowledge partners:



Gifting partners:



Travel partner:



KAMALA NEHRU COLLEGE

(University of Delhi)

NAAC Accredited with 'A' Grade

August Kranti Marg, New Delhi – 110049

Phone: 011-26494881, Telefax: 011-26495964

E-mail: kamla.nehru_du@hotmail.com



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कमला नेहरू कॉलेज

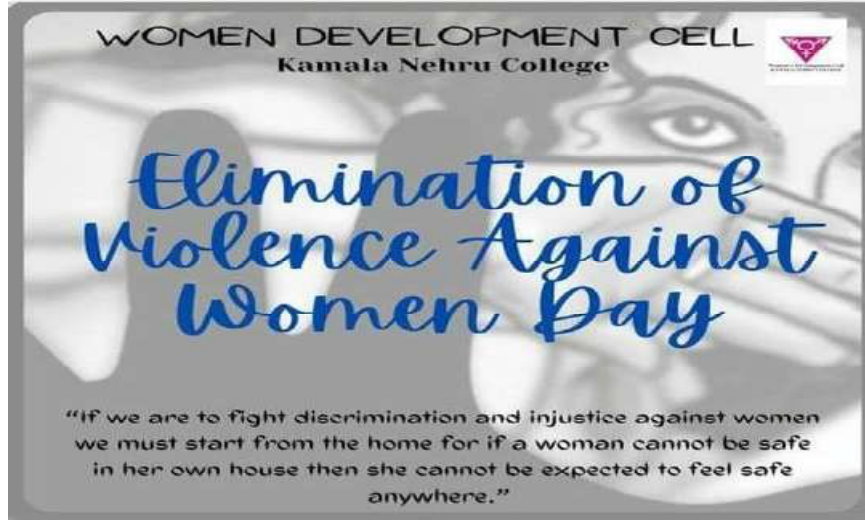
(दिल्ली विश्वविद्यालय) रा. मू. ए. प्र. प.

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Kamala Nehru College

Estd. 1964

Women's Development Cell Kamala Nehru College

In collaboration with Pratisandhi
Presents



Sexually transmitted infection



A talk to make us aware of the transmitted infections and
their cure's

November 17,2021
1pm onwards
Google meet





Estd. 1964

Women Development Cell
Kamala Nehru College

brings to you

An Open Mic
event

Date- 8 January, 2022 (Saturday)
Venue- Google Meet
Timings- 5pm to 7pm

Please note:

- This event is inclusive for the members of the cell, outside registrations are restricted
- Forms will be closed after 85 registrations, so don't procrastinate, ohgaieeee?!

 Watch IGTV Video

 - kncwdc4@gmail.com



Kamala Nehru College
Estd. 1964



WOMEN'S DEVELOPMENT CELL KAMALA NEHRU COLLEGE

Invites All to the
Film Screenings



BREATHE

Anushka
Shivdasani
Rovshen and
Madhuri Mohinder



I'M NOT THERE

Ajita Banerjia



PLEASE MIND THE GAP

Mitali Trivedi,
Gagandeep
Singh



ISHQ, DOSTI AND ALL THAT

Rituparana Borah,
Srishti Lakhera,
Bhamati Sivapalan,
Ritambhara Mehta



A SAFE PERSON TO TALK TO

Navdeep
Sharma



ZARA NAZAR UTHA KE DEKHO

Anindya
Shankar Das

9:45 AM
8th March 2019
New Seminar Room,
Kamala Nehru College



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Women's Development Cell

Kamala Nehru College

Brings to you

A Workshop on

Understanding
Power, Privilege
and
Systems Thinking

By Pravah- a youth development organization with the mission to build leadership capacities of young people.

ECAS will be provided

Date- 12th February 2020

Time- 12-2 pm

Venue- L109

For queries contact-

Afreen (8376800303)

Fayeza (9718807924)



Kamala Nehru College

Estd. 1964



WOMEN'S DEVELOPMENT
CELL
KAMALA NEHRU COLLEGE

invites you to

DISCUSSION ON THE TOPIC

**Your Laws, Your
Rights: From
Education to
Empowerment**

WITH

Talish Ray

(CORPORATE
COMMERCIAL LAWYER)

DATE: NOVEMBER 4, 2020

WEDNESDAY

TIME: 1-2:30 P.M. (ECA BREAK)

PLATFORM: ZOOM

THE LINK WILL BE SHARED ON THE
SAME DAY



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WOMEN'S DEVELOPMENT CELL
KAMALA NEHRU COLLEGE

PRESENTS

JUST A MINUTE!

(YOUR SJW SAFE SPACE!)



GOT A FEMINIST PROPAGANDA TO SPREAD?

NEW SEMINAR ROOM
1 PM

CUES WILL BE GIVEN
ON THE SPOT!

CASH PRIZES!!



Women's Development Cell
Kamala Nehru College

CONTACT -
+91 83768 00303
+91 97188 07924



Kamala Nehru College

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Women's Development Cell
Kamala Nehru College

In Collaboration with Pratisindhi
presents

Methods Of Contraception

A talk to make us aware of
contraception and its importance

November 10, 2021
1pm onwards
Google Meet



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ई-मेल: kamla.nehru_du@hotmail.com

Women's Development Cell
KAMALA NEHRU COLLEGE

X


Canfem
Comfort and you!

**E-TALK ON BREAST
CANCER AWARENESS**

OCTOBER 8, 2021
1pm-2pm



Kamala Nehru College
Estd. 1964



Women's Development Cell
Kamala Nehru College

invites you to
workshop on

WHAT IS RAPE CULTURE IN INDIA

By: Streedhan Association Of Women's
Development- an NGO focused on
educative intervention and social
advocacy towards gender inclusion.

ECA'S WILL BE PROVIDED

Date- 4th March 2020
Time- 12-2pm
Venue- New seminar
room

For queries contact-
Fayeza- 9718807924
Afreem- 8376800303



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WOMEN'S DEVELOPMENT CELL, KAMALA NEHRU COLLEGE
IN COLLABORATION WITH PRATISINDHI PRESENTS

CONSENT AND COMMUNICATION

A discussion highlighting raising women's voices

JANUARY 27, 2021
1:15 PM ONWARDS
GOOGLE MEET

From understanding the importance of consent and proper communication, lead the way to a happier you



Kamala Nehru College

Estd. 1964



WOMEN'S DEVELOPMENT CELL
KAMALA NEHRU COLLEGE
invites all the Freshers to its

ORIENTATION
on
November 28, 2020
12 p.m. onwards
Platform: Google Meets

TEACHER CONVENORS
Dr. Nupur Ray
Dr. Pravati Dalua
Dr. Soma Kumari
Dr. Vaishali Narula

STUDENT CONVENORS
Simran Dhawan
Bhaivika Mehta





WOMEN'S DEVELOPMENT CELL
KAMALA NEHRU COLLEGE

Presents a

PANEL DISCUSSION
on the theme

*Women of Today,
Leaders of Tomorrow*

as a tribute to

SAROJINI NAIDU
on the occasion of

NATIONAL WOMEN'S DAY

PANEL


PRAGYA VATS
(SOCIAL ACTIVIST/
PROFESSIONAL)


DR. RITYUSHA TIWARY
(ACADEMICIAN)


PRIYANKA SAXENA
(MEDIA
ENTREPRENEUR)


DR. APURVA GUPTA
(GYNAECOLOGIST)


KUNJAL VALIA
(HOME MAKER)

 **FEBRUARY 12th, 2021 TIME: 1 P.M. ONWARDS**
PLATFORM: ZOOM 





The poster features a green background with a white circle in the center. Inside the circle, there is a purple triangle with a white female symbol and two arrows pointing outwards, with the text 'Women's Development Cell KAMALA NEHRU COLLEGE' below it. To the right of the triangle is a large green 'X' symbol, and further right is a black square with a white 'V' symbol and the text 'PRATYAKSHI' below it. Below these symbols, the text 'VOICE AGAINST BODY SHAMING' is written in a serif font. Underneath that, the date 'FEBRUARY 3, 2021' and the time '1:00-2:30 pm' are displayed.



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Kamala Nehru College

Estd. 1964



SHLC
SEXUAL HARASSMENT
LAW COMPLIANCE

UNDERSTANDING Safe Workplaces AND YOUR Rights at Internships

A Workshop in collaboration with



MS. APARAJITA AMAR
Advocate and Founder
SHLC



MS. HIMANGI KAPOOR
Advocate and POSH Consultant
SHLC

Date: Saturday, 31 October 2020 | Time: 4:00 - 5:00 PM



Media Outreach Partners



  +91-9625392040  contact@shlc.in  www.shlc.in **Register Now**







 **Women's Development Cell** 

Kamala Nehru College
invites you to
a webinar on the topic

INTERNATIONAL GIRL CHILD DAY

Dedicated to Kamla Bhasin
With-
Kirthi Jayakumar
(Gender Equality and Peace activist)

Date: 11 October 2021, Monday
Time: 1-2:30pm
Platform: Google meet

 -@wdcknc
 -wdcknc

Convenors-
Hemangi
Sameena





Estd. 1964

KAMALA NEHRU COLLEGE
DEPARTMENT OF COMMERCE

Presents a National Webinar on

**'DOMESTIC VIOLENCE DURING LOCKDOWN OF
WORKFORCE- CONCERNS, ISSUES AND LEGAL
REMEDIES'**

22 MAY, 2020 | 11AM-1:30 PM

ESTEEMED SPEAKERS


Dr. Upma Gautam
Assistant Professor
University School of Law
and Legal Studies,
GGSIPU


CS Amar Nath Gupta
Advocate
Supreme Court of India


Dr. Anita Tagore
Assistant Professor
Kalindi College, University of
Delhi

OPENING REMARKS


Dr. Kalpana Bhakuni
Principal
Kamala Nehru College
University of Delhi

CONVENOR:
Dr. Sunita Gupta
Associate Professor
Kamala Nehru College

CO-CONVENOR:
Mrs. Mamta Bhushan
Assistant Professor
Kamala Nehru College

TOGETHER, WE CAN END THE ABUSE

 **REGISTER:** <https://bit.ly/2Zb2UZa> | **DEADLINE:** 20 May | **LIMITED SEATS**

E-CERTIFICATES WILL BE GIVEN TO THE PARTICIPANTS

CONTACT: letter2knc@gmail.com | Join Telegram: <https://bit.ly/2WzEKpo>



DEPARTMENT OF GEOGRAPHY
KAMALA NEHRU COLLEGE

Presents a Webinar on

*Women Empowerment -
Reality and Myths*

By
Dr. Chayanika Uniyal Panda
Department of History
Shyama Prasad Mukherji College
University of Delhi

10th November 2020, Tuesday
3 pm , Zoom

Followed by Art-o-Graphy

Register : <https://forms.gle/vVW1pcEYB94VRfQL7>

Dr. Kalpana Bhakuni
Principal
Kamala Nehru College
University of Delhi

Dr. Bharati Dave
Teacher In Charge

Dr. Azka Kamil
Coordinator, Association In-Charge



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Phone: 011-26494881, Telefax: 011-26495964
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Estd. 1964

कमला नेहरू कॉलेज
(दिल्ली विश्वविद्यालय) रा. मू.
ए. प्र. प. द्वारा 'ए' श्रेणी
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दिल्ली – 110049

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KAMALA NEHRU COLLEGE

UNIVERSITY OF DELHI
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17th DR. K. K. GOROWARA ANNUAL PUBLIC LECTURE 2021



DR. V.S. PRIYA

The First Transgender Doctor from Kerala

Topic- Declassifying my Life:
Journey from Jinu to Priya

15 APRIL | 11 AM
ZOOM PLATFORM



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 **KAMALA NEHRU COLLEGE** 

**DEPARTMENT OF PSYCHOLOGY
AND
INTERNAL COMPLAINTS COMMITTEE**

present a webinar on

**SEXUAL HARASSMENT AND ONLINE
SPACES:
Critical Reflections from the Pandemic**

SPEAKERS:

		
Dr. Bijayalaxmi Nanda Principal (Acting), Miranda House University of Delhi Feminist Scholar	Mr. Joesph Moganti Managing Director CPG Inc. Hyderabad	Ms. Achira Chatterjee Consultant Clinical Psychologist Parivartan Trust, Just Energy and Open Financials



**OPENING REMARKS:
Dr. Kalpana Bhakuni
Principal (Officiating)
Kamala Nehru College**

26th May 2020 | 11:30 a.m. - 1:30p.m. | Zoom



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Kamala Nehru College
Psychology Department
invites you to

YELLOW SILENT MARCH

Join us as we raise awareness for
Suicide Prevention

1:00 PM |CHAUPAL| SEPTEMBER 30, 2019



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Kamala Nehru College,
Department of Psychology
On occasion of World Mental Health Day
presents
"Aftermath of the Pandemic: What
Lies Ahead"
A panel discussion with



Dr. Aruna Broota
Professor (Retd.)
Department of Psychology,
University of Delhi



Ms. Merry Barua
Founder,
Action for Autism (AFA)

Moderator: Dr Itisha Nagar,
Assistant Professor
KNC

Date: 9th October, 2020
Time: 11:00 am – 12:00 pm
Platform: Zoom



Kamala Nehru College
Psychology Department
presents

WOMEN'S HEALTH

An Interactive Seminar

by
Dr. Rahul Manchanda, Gynae
Endoscopic Surgeon

↔

26TH SEPTEMBER 2019
1:30-3:30 PM
NEW SEMINAR ROOM



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KAMALA NEHRU COLLEGE
DEPARTMENT OF PSYCHOLOGY
Presents
CELEBRATING FEMINISM
WITH
KAMLA BHASIN

Feminist Activist
Poet
Author
Social Scientist

26TH MARCH | NEW SEMINAR ROOM | 12:00 P.M



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Kamala Nehru College
Psychology Department
presents

Conversations that Matter: Suicide Prevention

**A Panel Discussion with Diverse
Perspectives on Suicide Prevention**

Madhu Surya, Educator at Light Up (EMF)
Jigyasa Tandon, Founder of PSY-Fi
Dr. Nilya Dutt, Counselling Psychologist

18th October, 2019 | Auditorium | 11-1



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Kamala Nehru College University of Delhi

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16TH DR. K.K. GOROWARA
ANNUAL MEMORIAL PUBLIC
LECTURE 2020

Sminu Jindal

MANAGING DIRECTOR OF JINDAL SAW
LIMITED

TOPIC: "THINKING OUT OF THE BOX"

DATE: 29TH SEPTEMBER
TIME: 03:00 PM
ONLINE PLATFORM: ZOOM



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WOMEN'S
DEVELOPMENT
CELL



INTERNATIONAL WOMEN'S DAY

Events!

2021-22



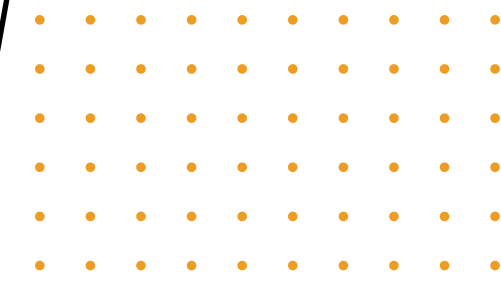
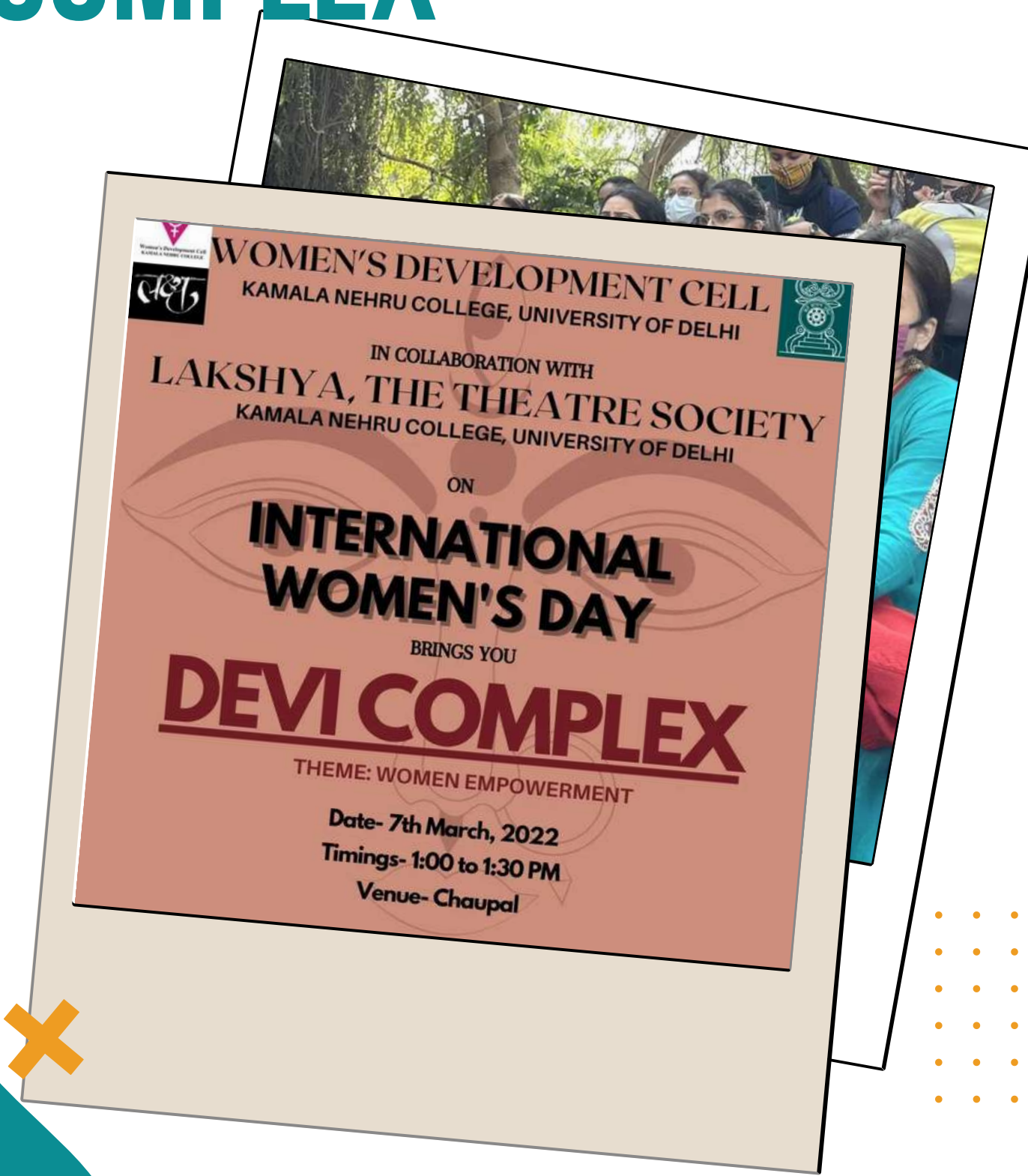


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DEVI COMPLEX



-07.03.2022-

**Chaupal, Kamala Nehru College,
University of Delhi**



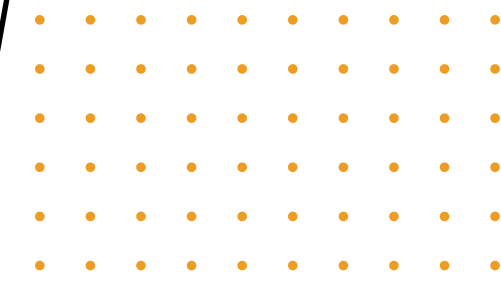
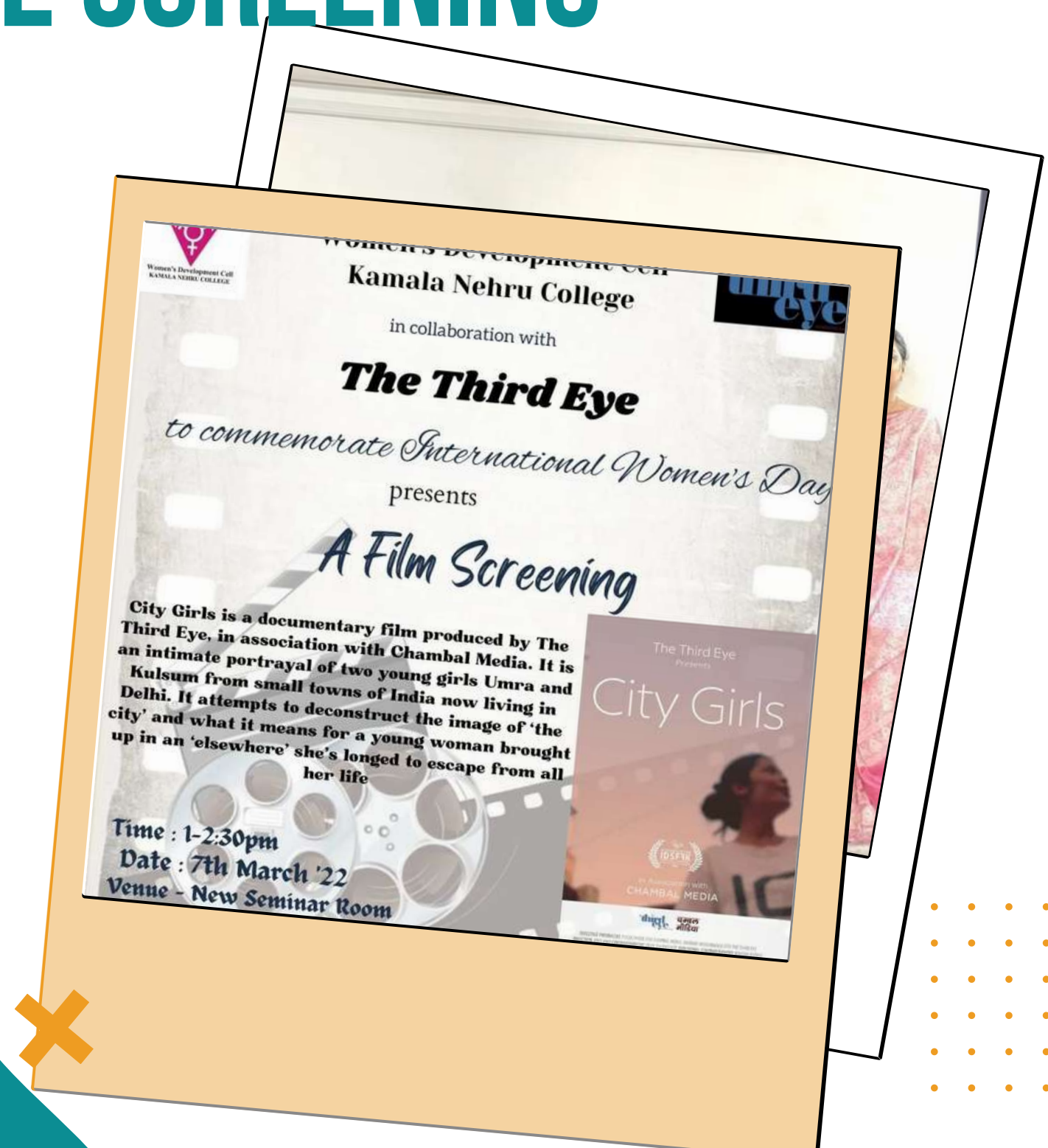


City Girls **MOVIE SCREENING**



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University of Delhi**



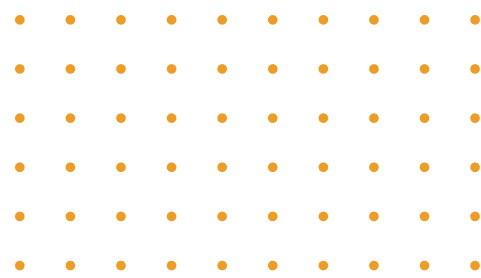


Virangana
ANNUAL MAGAZINE



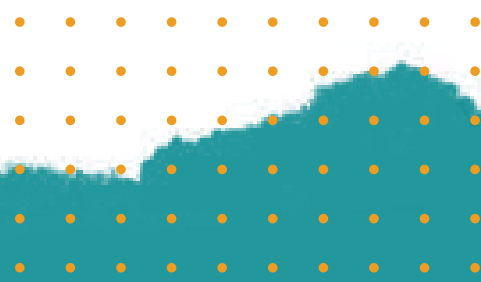
-07.03.2022-

**The Principal's office,
Kamala Nehru College,
University of Delhi**





THANK *You*



~WDC!